

Willowbrook

835 Midway Drive
Willowbrook, IL 60527-5549

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A G E N D A

Mayor

Frank A. Trilla

Village Clerk

Leroy R. Hansen

Village Trustees

Sue Berglund

Umberto Davi

Terrence Kelly

Michael Mistele

Gayle Neal

Paul Oggerino

Village Administrator

Tim Halik

Chief of Police

Robert Schaller

Director of Finance

Carrie Dittman

REGULAR MEETING OF THE PARKS AND RECREATION COMMISSION OF THE VILLAGE OF WILLOWBROOK TO BE HELD ON TUESDAY, JANUARY 8, 2019 AT 7:00 P.M. AT THE VILLAGE HALL, 835 MIDWAY DRIVE, IN THE VILLAGE OF WILLOWBROOK, DUPAGE COUNTY, ILLINOIS.

1. CALL TO ORDER
2. ROLL CALL
3. APPROVAL OF MINUTES:
 - A. December 4, 2018 Regular Meeting of the Parks & Recreation Commission
4. REPORT:
 - A. 42nd Annual Children's Holiday Party
5. DISCUSSION:
 - A. Marketing Plan
 - B. FY2019-2020 Budget
 - C. Ridgemoor Park/Fitness Equipment
 - D. Park Maintenance Update
 - E. Drop-in Pre School
6. NEW BUSINESS/IDEAS:
 - A. Dates for Spring/Summer programs
7. VISITOR'S BUSINESS – Public comment is limited to three (3) minutes per person
8. COMMUNICATIONS
9. ADJOURNMENT



Proud Member of the
Illinois Route 66 Scenic Byway

MINUTES OF THE REGULAR MEETING OF THE PARKS AND RECREATION COMMISSION
HELD ON TUESDAY, DECEMBER 4, 2018, AT THE VILLAGE HALL, 835 MIDWAY DRIVE,
WILLOWBROOK, DUPAGE COUNTY, ILLINOIS

1. CALL TO ORDER

Chairman Robert Pionke called the meeting to order at the hour of 7:00 p.m.

2. ROLL CALL

Those present at roll call were Chairman Pionke, Commissioners Catherine Kaczmarek, Ronald Kanaverskis, Laurie Landsman, Carol Lazarski, and Douglas Stetina.

ABSENT: Commissioner Lorraine Grimsby

Also present was Temporary Interim Superintendent of Parks and Recreation John Fenske and Village Trustee Sue Berglund.

A QUORUM WAS DECLARED

3. APPROVAL OF MINUTES

a. Minutes – November 6, 2018 Regular Meeting – Parks & Recreation Commission

The Commission reviewed the November 6, 2018 minutes.

MOTION: A Motion was made by Commissioner Landsman and seconded by Commissioner Lazarski to approve the November 6, 2018 minutes as presented.

ROLL CALL VOTE: AYES: Chairman Pionke, Commissioners Kaczmarek, Kanaverskis, Landsman, Lazarski, and Stetina. NAYS: None. ABSENT: Commissioner Grimsby.

4. REPORT

a. Tree Lighting – November 30, 2018

Interim Superintendent Fenske advised there were approximately 140 people that attended this event. The only issue was a ground fault that blew the fuse for the Christmas lights. The repair will be completed in the near future.

Interim Superintendent Fenske related that thank you cards will be sent to the choir director from Gower West Elementary School and the woman that played Mrs. Claus. Thank you cards to the businesses that donated money to the event will be sent after the holiday party.

Interim Superintendent Fenske stated that the total expenses for this event was \$2,359.90; and donations received was \$675.00. Budgeted amounts for the tree lighting (including Winter Program budget) was an additional \$3,400.00.

Chairman Pionke asked the Commissioners if this event should continue. Commissioner Landsman related that there was a good turn out of participants, mainly due to the number of students in the choir that performed. After discussion, the consensus of the Commissioners was to continue with the tree lighting event. Suggestion was made to obtain a quote for additional Christmas lights to be strung around other areas of the park and add to the budget for next year.

5. DISCUSSION

a. 2018 Holiday Party

Interim Superintendent Fenske advised that as of today's date, there are 123 children registered for the event. An invitation letter was sent to the Village Board and all employees. There are approximately 14-15 volunteers from the high school that will be helping, as well as police cadets. Approximately, \$1,400.00 in donations has been received. Chick-fil-A will be donating drinks. Walgreens will be donating pictures but does not have any employees to attend the party. Commissioner Landsman advised that a couple of the cadets will be needed to take the pictures then take them to Walgreens for developing.

Chicken Basket will be donating food. Commissioner Landsman stated that Lassak Deli will be donating an unknown amount of food but requires someone to pick it up. Commissioner Stetina advised that he will be meeting with the manager from Pete's Market to ask for donations.

Commissioner Stetina related that 130 gifts were purchased. Additional gifts will need to be purchased to make sure that there is enough for every child. \$5 gift cards from Chick-fil-A will still need to be purchased for the older kids. Concern was raised over running out of gifts if a lot of walk in's came to the party. Suggestion was made that the preregistered kids with tickets should be given their gifts first. Then call up any walk in's.

***NOTE: Commissioner Kaczmarek left the meeting at 7:55 p.m.

Trustee Berglund volunteered to take the photos to Walgreens for processing.

b. Marketing Plan

Chairman Pionke advised that there are no updates at this time.

***NOTE: Trustee Berglund left the meeting at 8:00 p.m.

c. FY2019-2020 Budget

Interim Superintendent Fenske reviewed the current fiscal year budget and projected spending for the rest of the year. Chairman Pionke related that they are looking for suggestions for any changes or additions for the next fiscal year budget. It was recommended to add \$10,000 for outdoor exercise equipment. And to also add \$380,000 for park improvements at Ridgemoor Park. This dollar amount is based off the Master Plan update. It is unknown at this time if this expenditure will be approved by the Village Board. Chairman Pionke advised that grants will be looked at to help with the costs.

Chairman Pionke also advised that a line item of \$20,000 should be added for the Marketing Plan and costs.

Commissioner Kanaverskis questioned if the new Park Building will be discussed during the budget meeting. Interim Superintendent Fenske advised that it will be. Chairman Pionke suggested that money be added to the budget to cover the interior improvements.

d. Ridgemoor Park

Chairman Pionke advised that an ad for volunteers to form a committee to discuss renovations will be placed in the April Fun Guide and the Village website.

e. Park Maintenance Update

Interim Superintendent Fenske related that a message board at Community Park has broken glass and will be replaced in the spring. There was also a fallen dead tree in the park that will be removed in the near future.

Chairman Pionke requested that the hole by the pier in Willow Pond Park be fixed.

f. Kite Fly

Interim Superintendent Fenske advised that he has spoken to Gower West Elementary School about using their field on May 18th for this event. The cost is \$25.00 for the use of the field. Interim Superintendent Fenske stated that if access to the bathrooms is needed, the cost is \$30/hour.

g. Drop-in Pre School

Chairman Pionke advised that there are two costs associated with this program: the teachers and materials. Chairman Pionke stated that after speaking with the Burr Ridge Park District, there should be no costs for the teachers because this will be a joint program and they already have the staff.

6. NEW BUSINESS/IDEAS

Commissioner Kanaverskis suggested adding funds to the budget for a Community Picnic. Chairman Pionke stated the picnic can be kept simple with basic foods and games. Suggested budget is \$3,000.00.

Chairman Pionke suggested creating a single form listing all special events to send to businesses for donations. This should help lower postage and printing costs.

Interim Superintendent Fenske related that it was suggested to revisit a Touch-A-Truck event. Interim Superintendent Fenske advised that he will contact Gower West Elementary School about using their parking lot.

Commissioner Landsman suggested reaching out to the new indoor ice rink about classes.

7. VISITORS' BUSINESS

None presented.

8. COMMUNICATIONS

None presented.

9. ADJOURNMENT

MOTION: Made by Commissioner Stetina, seconded by Commissioner Landsman to adjourn the meeting at the hour of 8:55 p.m.

ROLL CALL VOTE: AYES: Chairman Pionke, Commissioners Kanaverskis, Landsman, Lazarski, and Stetina. NAYS: None. ABSENT: Commissioners Grimsby and Kaczmarek.

MOTION DECLARED CARRIED

PRESENTED, READ and APPROVED,

January 8, 2019

Chairman

Minutes transcribed by Executive Secretary Cindy Stuchl.

PARKS & RECREATION COMMISSION MEETING

AGENDA ITEM SUMMARY SHEET

AGENDA ITEM DESCRIPTION	COMMISSION REVIEW
REPORT – 2018 Children’s Holiday Party	<input checked="" type="checkbox"/> Report
Sunday December 16, 2018	<input checked="" type="checkbox"/> Discussion
	<input checked="" type="checkbox"/> Seeking Feedback
	<u>Meeting Date:</u>
	January 8 2019
BACKGROUND	
Final report for the 42 nd annual Children’s Holiday Party.	
REQUEST FOR FEEDBACK	
Included is the final report, final donation/expense report and the 5-year comparison numbers.	
STAFF RECOMMENDATION	
Staff recommends keeping the cutoff date to sign up, along with setting a maximum number for registrants. If	
this number is not reached by the cutoff date, we can continue taking reservations. This will help in the	
purchasing of gifts, supplies for the arts & craft project and also help in the planning for the amount of food &	
refreshments. To lower costs, Staff would also recommend that any leftover gifts, be kept for the following	
year.	

To: Parks and Recreation Commission
From: John Fenske, Interim Superintendent of Parks & Recreation
Re: 2018 Children's Holiday Party -- Final Report
Date: January 8th 2019

This is the final report on the 42nd Annual Children's Holiday Party held on December 16th, 2018.

A big thank you goes out to the Commissioners for another great event. I'd also like to thank Doug and Laurie purchasing the gifts, Doug for dropping them off, and Carol & Laurie for bringing the food to HCS Family Services.

I'd also like to thank Lorraine for her help loading everything from the village hall and getting it over to the High School. I'd also like to thank Village Trustee Sue Berglund for getting the pictures to Walgreen's.

The event was promoted through a community postcard mailing, on the Village website & with banners at: Borse Community & Prairie Trail Parks. I used the Eventbrite website to pre-register the kids again this year. There were 170 kids pre-registered for the event, which is a record amount, with 160 of those showing up. We had 18 walk-ins for a total of 178 kids plus their families.

The food and beverage contributions from Chicken Basket, Chick-fil-A & Jimmy Johns along with the pizza we purchased from Papa John's was very well received.

I received many positive reviews in regards to Kerri Stockton, who was there again this year face painting. Her son, who is a balloon artist, was also a big hit. I also got a lot of good comments about Circus Boy, and his performance.

Students from both the Hinsdale South Key Club and NHS volunteered their time. They helped with every aspect of the party, from set up to take down. We also had 4 cadets from the Police Department helping out.

George did another great job as Santa!!! With the number of children that attended, Santa had a hard time seeing everybody. There were a lot of families that did group shots with their kids, so that helped get everybody through. A suggestion was made by Cathy to get a Polaroid camera next year, to avoid waiting for the pictures to come back from Walgreen's.

Donations/Expenses Attached is a comparison of donations to expenses

5-year Comparison figures Attached is a 5 year break down of the following:

Donations to Expenses, Attendance of pre-registered kids & Geographical breakdown of attendees

All thank you letters were mailed to all individuals or businesses who made some type of donation to this party on Wednesday, December, 19th.

John Fenske

Interim Supt. of Parks & Recreation

2018 Holiday Party Donations/Expenses	BUDGET	DONATION	EXPENSE	DIFFERENCE	NOTES
Hinsdale South Rental			-\$440.00	Billed after	
Circus Boy			-\$400.00	Billed after	
Postage-donation letters			-\$103.17		
Community Bank of Willowbrook		\$250.00			
Kari Stockton -face painter/ballon artist			-\$400.00		
Willowbrook Ford		\$50.00			
Midwest Helicopter		\$100.00			
Willowbrook Shoe Repair		\$50.00			
Kling Corporation		\$50.00			
WB/BR Sports Performance Center		\$200.00			
Begeman & Co.		\$100.00			
FAC Logistics		\$100.00			
Dr. Pam Johnson		\$100.00			
RARCOA		\$100.00			
Novotny & Assoc.		\$50.00			
National Window Shade		\$50.00			
Postage-postcards			-\$575.85		
Printing-postcards			-\$283.00		
Pirrello Digital		\$125.00			
Baston Chiropractic		\$100.00			
Oriental Trading -A&C project & supplies			-\$237.80		
Paper Mart- bags			-\$85.24		
Oriental Taste		\$50.00			
Target - paper goods; plates & napkins			-\$13.50		
Walgreen's- candy canes			-\$9.00		
5 Below- Gifts			-\$650.00		
Walgreen's- Gifts			-\$199.14		
GFS Market Place- paper goods; cups			-\$33.75		
Chick-fil-A- Gift cards			-\$125.00		
Pappa Johns- pizza			-\$160.50		
L. Grimbys- cookies			-\$44.02		
TOTALS		\$1,475.00		-\$3,759.97	-\$2,284.97
TOTALS with BUDGET		\$4,500.00		\$5,975.00	\$2,215.03

5 YEAR COMPARISON FIGURES

*2018 was the first year with an actual budget

Attendance comparison of

Pre-registered kids *	107	145	133	168	170	144.6
Attendance of Pre-Registered Kids						
Actual Attendance * w/walk-ins	107	150	140	160	178	147

Breakdown by Neighborhood **

North-LHT,Knolls,SS,TGM	38	45	52	40	43.75
Ridgemoor/Brenton Lakes	11	8	21	19	14.75
Watford/Rodgers Farm	22	22	32	32	27
Farmingdale/BCP	24	32	45	52	38.25
Employee	0	5	7	1	3.25
Non-Resident	17	12	9	24	15.5
Unknown	17	9	2	2	7.5

129	133	168	170	150
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170

1

TOTAL

there was no breakdown of the number of pre-registered kids for 2014. I used the Actual attendance figure for that number *figures not kept for 2014. This reflects pre-registered kids only.

PARKS & RECREATION COMMISSION MEETING

AGENDA ITEM SUMMARY SHEET

AGENDA ITEM DESCRIPTION

DISCUSSION – Marketing Plan

COMMISSION REVIEW

- Report
- Discussion
- Seeking Feedback

Meeting Date:

January 8 2019

BACKGROUND

A discussion on creating a comprehensive Marketing Plan for current and future Park & Recreation Department programs.

REQUEST FOR FEEDBACK

STAFF RECOMMENDATION

Staff included a draft of a “Sponsorship Opportunity”/donation mailer.

Willowbrook Parks & Recreation Department

Sponsorship Opportunities

The Village of Willowbrook works hard to provide quality recreational events for our residents. We are fortunate to have local businesses and organizations willing to assist us throughout the year, to provide these opportunities. Listed below are the events that need the most support. Both monetary and "in-kind" donations are welcomed. If you are interested in contributing to one or more of these events, or need more information on what your donation will be used for, please call the Village Hall at 630-323-8215.

Business Contact Information

Business Name	
Contact Person	
Business Address	
Phone Number	
Email Address	
Website	

Event Information Date Sponsorship/In-kind Donation

Easter Egg Hunt	Saturday before Easter	\$
Spring Fling 5K & Community Fair	First Sunday in May	\$
Movie Night in the Park	July	\$
Picnic in the Park	TBD	\$
Back to School Bash*	August	\$
Pumpkin Fest*	October	\$
Village Tree Lighting Ceremony	Last Friday in November	\$
Children's Holiday Party	December	\$

Payment Information – Please make check payable to the Village of Willowbrook, and send to: Village of Willowbrook 835 Midway Drive Willowbrook, IL 60527.

*The Back to School Bash & Pumpkin Fest events are held in cooperation with the Gower School PTO.

PARKS & RECREATION COMMISSION MEETING

AGENDA ITEM SUMMARY SHEET

AGENDA ITEM DESCRIPTION	COMMISSION REVIEW
DISCUSSION – FY2019-2020 Budget	<input type="checkbox"/> Report <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Seeking Feedback <u>Meeting Date:</u> January 8 2019

BACKGROUND

Attached is the draft of the FY2019-20 Budget for review. This includes both revenue and expense line items.

REQUEST FOR FEEDBACK

STAFF RECOMMENDATION

Staff did not include line items that are handled by the Finance Department. These include such items as: Administration costs, Data Processing(EDP Equipment/software/licenses), Personal Services(staff salaries, social security) and SRA items.

12/27/2018

BUDGET REPORT FOR WILLOWBROOK

Calculations as of 04/30/2019

GL NUMBER	DESCRIPTION	2018-19		2018-19		2019-20	
		ORIGINAL BUDGET	ACTIVITY THRU 04/30/19	PROJECTED ACTIVITY	2018-19 REQUESTED BUDGET		
01-20-565-341	PARK LANDSCAPE SUPPLIES	9,000	8,776			21,000	
01-20-565-342	LANDSCAPE MAINTENANCE SERVICES	54,400	43,912			54,400	
01-20-565-352	REIMB EXPENSES - MEMORIAL PROGRAM						
01-20-570-234	RENT - EQUIPMENT	250	153			250	
01-20-570-280	BALLFIELD MAINTENANCE/SUPPLIES	6,500	4,122			6,500	
01-20-570-281	CONTRACTED MAINTENANCE	42,000	45,847			46,000	
01-20-570-331	MAINTENANCE SUPPLIES	9,500	1,655			9,500	
01-20-570-411	MAINTENANCE - EQUIPMENT	41,137	43,423			5,000	
01-20-575-111	RECREATION INSTRUCTORS						
01-20-575-119	SUMMER PROGRAM MATERIALS & SERVICES	8,820	3,862			7,900	
01-20-575-517	SENIORS PROGRAM	5,000				5,000	
01-20-580-111	RECREATION INSTRUCTORS	550				550	
01-20-580-118	FALL PROGRAM MATERIALS & SERVICES						
01-20-580-232	FACILITY RENTAL						
01-20-580-517	SENIORS PROGRAM	6,000				6,000	
01-20-585-112	RECREATION INSTRUCTORS	500				500	
01-20-585-121	WINTER PROGRAM MATERIALS & SERVICES	2,000				2,000	
01-20-585-150	CHILDRENS SPECIAL EVENTS - OTHER	1,800				2,129	
01-20-585-151	FAMILY SPECIAL EVENT - MOVIE NIGHT	1,630				1,658	
01-20-585-152	FAMILY SPECIAL EVENT - TREE LIGHTING	1,400				3,700	
01-20-585-153	FAMILY SPECIAL EVENT - BACK TO SCHOOL	1,500				1,500	
01-20-585-154	FAMILY SPECIAL EVENT - RACE	9,525				10,425	
01-20-585-155	CHILDREN'S HOLIDAY PARTY	4,500				4,700	
01-20-585-156	SPECIAL EVENT - PARK OPENING	10,000				3,000	
01-20-585-157	COMMUNITY PICNIC					5,000	
01-20-585-517	SENIORS PROGRAM						

01-20-586-112	RECREATION INSTRUCTORS - SPRING	200
01-20-586-121	SPRING PROGRAM MATERIALS & SERVICES	200
01-20-595-692	LANDSCAPING	400
01-20-595-693	COURT IMPROVEMENTS	1,000
01-20-595-694	MAINTENANCE EQUIPMENT	1,500
01-20-595-695	PARK IMPROVEMENTS - NEIGHBORHOOD PARK	387
01-20-595-696	COMMUNITY PARK DEVELOPMENT	3,288

PARKS & RECREATION COMMISSION MEETING

AGENDA ITEM SUMMARY SHEET

AGENDA ITEM DESCRIPTION	COMMISSION REVIEW
<p>DISCUSSION</p> <p>Ridgemoor Park Renovation</p>	<p><input type="checkbox"/> Report</p> <p><input checked="" type="checkbox"/> Discussion</p> <p><input checked="" type="checkbox"/> Seeking Feedback</p> <p><u>Meeting Date:</u> January 8 2019</p>

BACKGROUND

Ridgemoor Park is located in the Ridgemoor subdivision at the north end of Quincy St. The playground equipment was installed in 1991, making it the oldest in the department. This park was scheduled to be renovated during FY2018-19, but due to a lack of funding, the project was postponed.

REQUEST FOR FEEDBACK

Continuing the discussion on the renovation of Ridgemoor Park. Staff included price lists from 3 different manufacturers of outdoor fitness equipment. Also included are the sheets used during the FY2018-19 Board Budget Workshop presentation.

STAFF RECOMMENDATION

The renovation of the park is a discretionary item, which is not included in the prepared department budget. The cost of the fitness equipment would also be a discretionary item. Staff recommends that the board narrow down what they would like in the way of equipment.



ExoFit
Outdoor Fitness



Western Springs Park District, IL

MISSION

Exofit is committed to enhancing the quality of life through physical fitness outdoors. By providing functional, durable safe outdoor fitness equipment, we can help do our share in making the world a healthier place to live... one community at a time.



Osceola, IA

Port St. Lucie, FL

CHEST PRESS / LAT PULL COMBO



CHEST PRESS

Muscle Focus: Chest, Triceps and Shoulders

Training: The Chest Press exercise provides an optimal range of motion while you press out and lift part of your body weight as resistance.

LAT PULL DOWN

Muscle Focus: Back, Shoulders and Biceps

Training: Pull the upper bar towards your body using part of your body weight as the resistance. This will help strengthen your back, rear shoulders, and biceps.

FITNESS BIKE



Muscle Focus: Lower Body

Training: A great low-impact cardio workout, that can also strengthen the thighs, glutes and calves.

SIT-UP BENCH



Muscle Focus: Muscles of the Hip and Upper Thigh

Training: This exercise can improve the strength of the abdominal muscles, as well as the flexor group of muscles of the hip and upper thigh. It can be used for sit-ups, leg raises and back stretches.

DOUBLE SKIER



Muscle Focus: Lower Body, Core, Upper Body

Training: The Double Skier helps develop strength in the legs and hips, while improving cardiovascular endurance for a complete whole-body workout.

AIR WALKER



Muscle Focus: Lower Body

Training: A great low-impact cardio workout, that can also strengthen the thighs, glutes and calves.

LEG PRESS



Muscle Focus: Legs and Glutes

Training: As you are seated, stretch legs with force (using your body weight) and recover slowly.



ROWING MACHINE

Muscle Focus: Upper Back, Lower Back, Shoulders, and Biceps

Training: Using a portion of your body weight as resistance, this machine helps develop strength in your back, shoulders and biceps, while giving a great cardio workout.



TWIST N' STEP

Muscle Focus: Biceps, Quadriceps, Thighs, Calves and Abdominals

Training: The twisting side works your abdominals and core while stretching your back and improving your flexibility. The stepping side strengthens your legs while improving your cardiovascular fitness.



DOUBLE PULL-UP BARS

Muscle Focus: Biceps, Triceps, Shoulders, Chest and Back

Training: A traditional piece of fitness equipment, which is great for pull-ups and hanging in place to stretch back stretches.



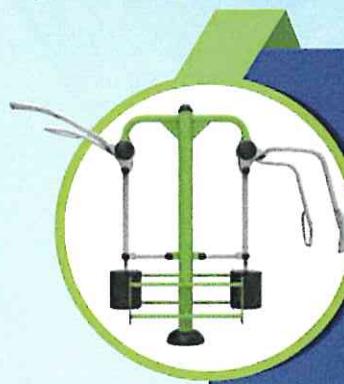
PUSH-UP/DIP STATION

Muscle Focus: Triceps, Biceps, Shoulders, Chest and Core

Training: This multi-purpose product can be used for tricep dips and push-ups.



WHEELCHAIR ACCESSIBLE



WHEELCHAIR CHEST PRESS/LAT PULL COMBO

CHEST PRESS

Muscle Focus: Chest, Triceps and Shoulders

Training: The Chest Press provides optimal range of motion while you press out and lift the attached weight*.

*Attached weight does not make contact with ground, avoiding any crush hazard

LAT PULL DOWN

Muscle Focus: Back, Shoulders and Biceps

Training: Pull the upper bar towards your body using the attached weight* as resistance.



WHEELCHAIR ARM/FOOT WHEEL

ARM WHEEL

Muscle Focus: Arms and Shoulders

Training: Grip both handles firmly. Begin by moving one hand forward and pulling the other toward you.

FOOT WHEEL

Muscle Focus: Calves, Hamstrings and Quads

Training: Place feet on pedals. Move both feet in a bike riding motion. Slowly reduce speed before coming to a stop.



1. SIT-UP BENCH

Muscle Focus: Muscles of the Hip and Upper Thigh

Training: This exercise can improve the strength of the abdominal muscles, as well as the flexor group of muscles of the hip and upper thigh. It can be used for sit-ups, leg raises and back stretches.

2. PUSH-UP/DIP STATION

Muscle Focus: Triceps, Biceps, Shoulders, Chest and Core

Training: This multi-purpose product can be used for tricep dips and push-ups.

3. CHEST PRESS

Muscle Focus: Chest, Triceps and Shoulders

Training: This exercise provides an optimal range of motion while you press out and lift part of your body weight as resistance.

4. LAT PULL DOWN

Muscle Focus: Back, Rear Shoulders, Arms and Core

Training: Using your body weight as resistance, pull the bar towards you.

5. LEG PRESS

Muscle Focus: Strengthens Leg muscles (particularly Quadriceps and Calves), as well as Gluteus Maximus

Training: Sit on the chair and step on the footboard. Stretching legs with force and recover slowly. Repeat. An important workout for developing leg strength, this piece is effective in using your own body weight for resistance. Strengthen the thighs, glutes and calves.

6. PULL-UP BAR (5 INCLUDED)

Muscle Focus: Biceps, Triceps, Shoulders, Chest and Back

Training: A traditional piece of fitness equipment, which is great for pull-ups and hanging in place to stretch.



FOR MORE INFO

VISIT US AT

WWW.EXO.FIT

800-527-0797

info@Exo.Fit

2018 ExoFit Price List



Phone: 800-527-0797 eMail: Info@Exo.Fit Web site: www.Exo.Fit

Product ID	Description	List Price
XO-002	Air Walker 	\$1,599.00
XO-005	Cross Skier 	\$2,499.00
XO-021	Sit-up Bench 	\$1,599.00
XO-025	Fitness Bike 	\$1,699.00
XO-029	Row Machine 	\$1,499.00
XO-133	Leg Press 	\$1,999.00
XO-035	Chest/Lat Combo 	\$3,599.00
XO-039	Push-up/Dip Station 	\$1,399.00
XO-041	Double Pull-up Bars 	\$1,199.00
XO-048	Wheelchair Chest Press/Lat Combo 	\$3,999.00
XO-046	Wheelchair Arm/Footwheel 	\$1,799.00
XO-047	Twist 'n Step 	\$1,999.00
XO-CAGE-1	ExoCage 	\$19,999.00
XO-POD-2	ExoPod 	\$15,999.00
XO-501	Stepper (Adjustable Resistance) 	\$4,499.00
XO-504	Tricep Dip (Adjustable Resistance) 	\$3,499.00
XO-503	Bicep Curl (Adjustable Resistance) 	\$3,499.00
XO-508	Chest Press (Adjustable Resistance) 	\$3,499.00
XO-509	Shoulder Press (Adjustable Resistance) 	\$3,499.00
XO-052	Direct Bury- Embedded Anchor (L) 	\$100.00
XO-053	Direct Bury- Embedded Anchor (S) 	\$100.00

2018 OUTDOOR FITNESS GUIDE

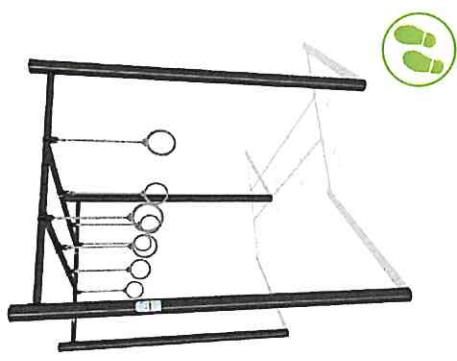
A **PLAYCORE** Company

GameTime®



Muscle Fitness

GFit products help users build endurance and strength. Whether you are training for a sporting event or trying to achieve a greater level of functional fitness, these products are designed to strengthen the primary muscle groups that help users perform challenging tasks.



Trapeze Rack

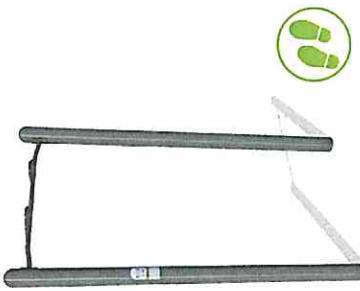
#13198i Trapeze Rack \$4,873
Use Zone: 17'8" x 14' (5.4m x 4.3m)

#13199i Add-A-Bay \$3,580
Use Zone: 14' x 18' (4.3m x 5.5m)



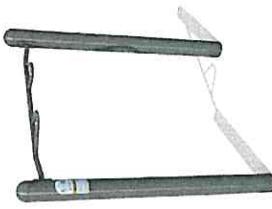
Fitness Rack

#13189i \$6,603
Use Zone: 18'5" x 14'5" (5.6m x 4.4m)



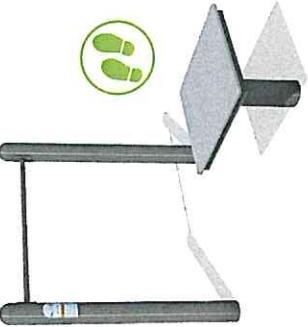
Chin-Up

#13585i Chin-Up Combo \$2,006
Use Zone: 10'11" x 6'10" (3.3m x 2.1m)
#13582i Chin-Up High (Shown) \$1,267
Use Zone: 6'11" x 6'10" (2.1m x 2.1m)
#13583i Chin-Up Low \$1,267
Use Zone: 6'11" x 6'10" (2.1m x 2.1m)



Accessible Chin-Up

#13584i \$1,267
Use Zone: 6'10" x 6'10" (2.1m x 2.1m)

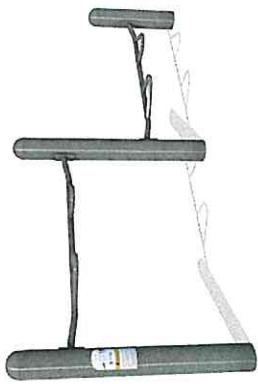


Horizontal Chin-Up

#13586i \$1,267
Use Zone: 10'5" x 11'5" (3.2m x 3.5m)

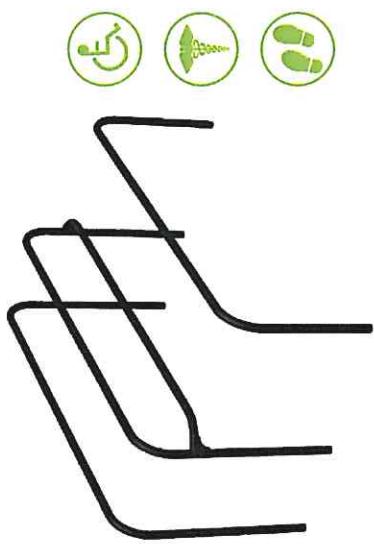


Combination Hub
#13590i \$3,599
 Use Zone: 21 1/4" x 11 3" (6.5m x 3.4m)



Push-Up
#13589 Push Up Combo (Shown) \$1,583
 Use Zone: 10'11" x 12'4" (3.3m x 3.8m)
#13587 Push Up High \$950
 Use Zone: 6'11" x 12'4" (2.1m x 3.8m)
#13588 Push Up Low \$950
 Use Zone: 6'11" x 12'4" (2.1m x 3.8m)

15



Parallel Bars
#13572 Parallel Bars \$686
 Use Zone: 16' x 8' (4.9m x 2.4m)
#15504 Accessible (Shown) \$1,286
 Use Zone: 14' x 10'8" (4.2m x 3.3m)



Push-Up Station
#13571 \$739
 Use Zone: 12'3" x 12'4" (3.7m x 3.8m)



Vault Bar Station
#13567 \$380
 Use Zone: 8'3" x 15'6" (2.5m x 4.7m)



Joint Use Chin-Up Station
#13575 \$1,055
 Use Zone: 16'10" x 6'4" (5.1m x 1.9m)



Assisted Horizontal Chin-Up
#13577 \$1,647
Use Zone: 14'1" x 9'10" (4.3m x 3m)



Adult Climbing Wall
#13196i 9' Wall (Shown) \$3,488
#13197i 10' Wall \$3,794
Use Zone: 10'1" x 9'7" (3.3m x 2.9m)



Bench Dip Station
#13580 \$1,330
Use Zone: 10'6" x 11'1" (3.2m x 3.4m)



Leg Press
#13559i \$3,807
Use Zone: 7'8" x 10'10" (2.3m x 3.3m)

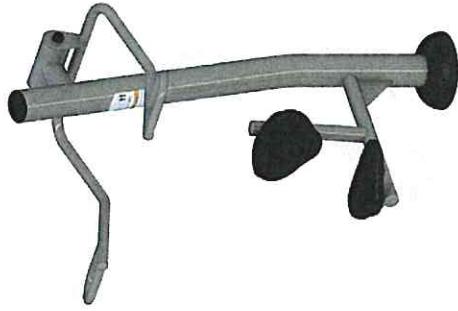


Leg Extension
#13563i \$2,569
Use Zone: 8'2" x 9'9" (2.5m x 3m)

Roman Chair Squat
#13566i \$1,478
Use Zone: 7'8" x 10'6" (2.3m x 3.2m)



Accessible Lat Pull Down
#13272i \$5,037
Use Zone: 9'10" x 10'6" (3m x 3.2m)



Lat Pull Down
#13557i \$3,734
Use Zone: 9'9" x 10'9" (3m x 3.3m)



Accessible Vertical Press
#13274i \$5,016
Use Zone: 9'10" x 12'7" (3m x 3.8m)



Vertical Press
#13557i \$3,734
Use Zone: 9'10" x 10'8" (3m x 3.3m)



Accessible Chest Press
#13271i \$5,020
Use Zone: 9'10" x 12'7" (3m x 3.8m)



Chest Press
#13555i \$3,616
Use Zone: 9'10" x 10'8" (3m x 3.3m)



Aerobic Fitness

Aerobic workouts keep heart and lungs functioning at optimum levels. Not only is this important when you are exercising, it's essential to enhancing your every day life! GFit products provide an excellent aerobic workout with very low impact – perfect for users of all fitness levels.



Step-Up Station

#13569 \$1,267
Use Zone: 139" x 152" (3.2m x 4.6m)



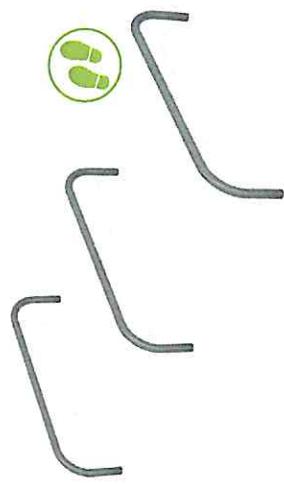
Cardio Walker

#13562i \$3,807
Use Zone: 107" x 113" (3.2m x 3.4m)



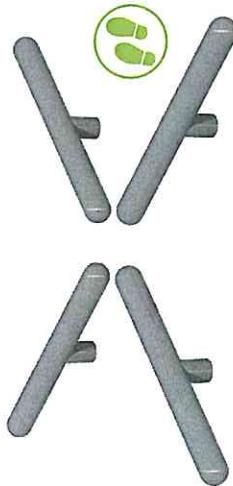
High Jump Station

#13578 \$675
Use Zone: 84" x 1410" (2.5m x 4.5m)



Hurdle Station

#13576 \$380
Use Zone: 102" x 172" (3.1m x 5.2m)



Log Hop Station

#13573 \$1,161
Use Zone: 124" x 124" (3.7m x 3.7m)



Core Fitness

A strong core stabilizes your body during movement, whether you are exercising or playing with your children or grandchildren. Add these products to enhance core fitness and support overall health and wellness.



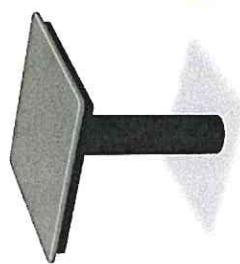
Body Curl Station
#13579 \$1,425
Use Zone: 7'5" x 13'10" (2.2m x 4.2m)



Sit-Up Station
#13570 \$1,161
Use Zone: 7'11" x 14'6" (2.4m x 4.4m)



Captain's Chair
#13560i \$3,023
Use Zone: 8'6" x 10'7" (2.6m x 3.2m)



Plyometric Boxes
#13275 6" \$469
#13276 1' \$495
#13277 1'6" \$520
#13278 2' \$546
Use Zone: 8'5" x 8'5" (2.6m x 2.6m)

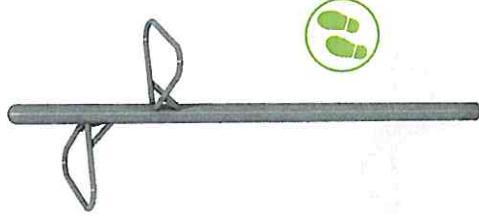


Sit-Up/Back Extension
#13561i \$3,788
Use Zone: 11" x 11'10" (3.4m x 3.6m)

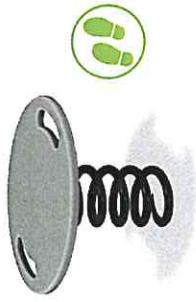
Balance Flexibility



Studies show that one of the leading causes of injuries is a lack of balance and flexibility, particularly as we grow older. GTfit includes products specially designed to enhance your balance and flexibility. This is a key element in enhancing overall fitness, and is important to help prevent injury from inadvertent falls.



Knee Lift Station
#13574 \$527
Use Zone: 147" x 77" (4.4m x 2.3m)



Balance Board Station
#13280 \$471
Use Zone: 75" x 121" (2.3m x 4m)



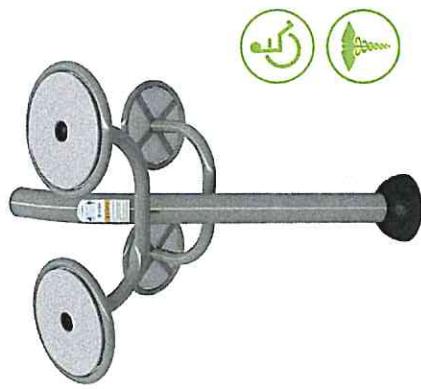
Assisted Balance Walk
#14900 \$1,518
Use Zone: 122" x 810" (3.7m x 2.7m)



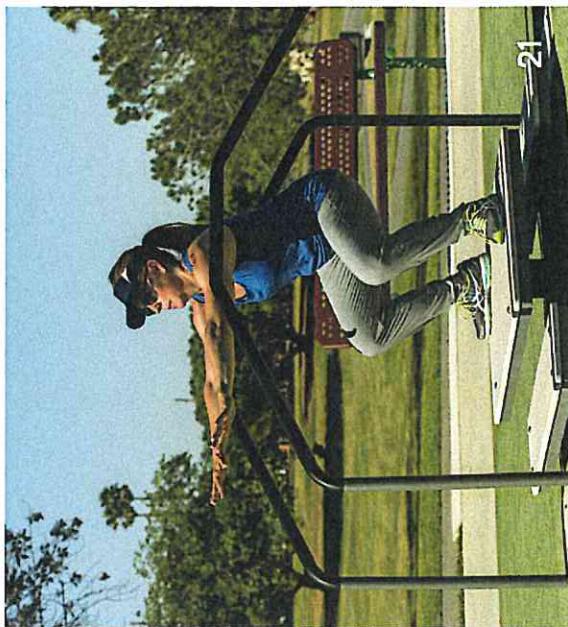
Balance Plank
#13279 \$270
Use Zone: 10'5" x 7' (3.2m x 2.1m)



Balance Beam Station
#13581 \$422
Use Zone: 22' x 7' (6.7m x 2.1m)



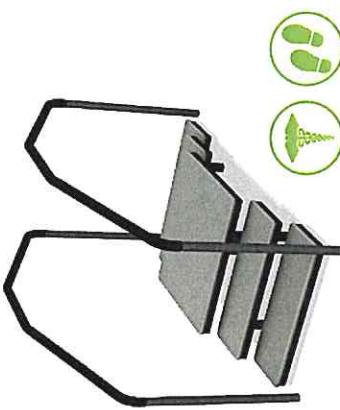
Shoulder Rotator
#13558i \$3,599
Use Zone: 10'3" x 14'8" (3.1m x 4.5m)



21



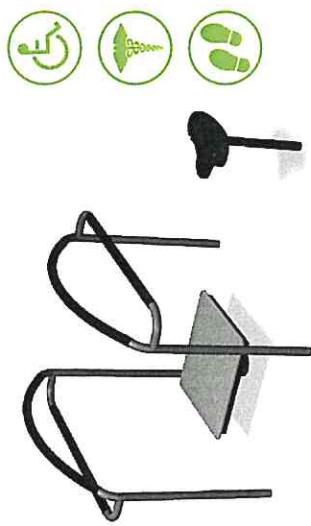
Step Around Station
#14903 \$1,818
Use Zone: 12'4" x 12'4" (3.7m x 3.7m)



Assisted Step Trainer
#14901 \$2,839
Use Zone: 12'2" x 8'10" (3.7m x 2.7m)



Skill Trainer
#14904 \$2,443
Use Zone: 12' x 11'5" (3.7m x 3.5m)



Assisted Functional Trainer
#14902 \$2,154
Use Zone: 10'2" x 12'3" (3.1m x 3.7m)



2617 West Woodland Drive, Anaheim, CA 92801 USA
T: 888.315.9037 F: 866.308.9719 Info@Greenfieldsfitness.com

Customer Quotation

Date	Quote #
12/6/2018	Q011710

Sold To	Ship To
Village of Willowbrook John Fenske 835 Midway Drive Willowbrook, IL 60527	
Tel: 630-323-8215 Fax: E-mail: jfenske@willowbrook.il.us	

Project Name	Terms	Quote Valid Until	Rep
	Due on receipt	12/31/2018	SM

Item	Description	Color	Qt	Rate	Total
SGR2005-1-21	Medium Sample Package 1 10 units/ 27 users				
SGR2005-1-22	4-Person Lower Body Combo (surface mount)	Green/ Tan	1	4,245.00	4,245.00T
SGR2005-1-26	4-Person Pendulum, Abs & Dip Station (surface mount)	Green/ Tan	1	3,945.00	3,945.00T
SGR2005-1-42	2-Person Cross Country Ski (surface mount)	Green/ Tan	1	3,945.00	3,945.00T
SGR2005-1-47-W	2-Person Back & Arms Combo (surface mount)	Green/ Tan	1	4,245.00	4,245.00T
SGR2005-1-47-W	2-Person Wheelchair Accessible Vertical Press (surface mount)	Green/ Tan	1	5,145.00	5,145.00T
SGR2005-1-48-W	2-Person Wheelchair Accessible Lat Pull Down (surface mount)	Green/ Tan	1	5,145.00	5,145.00T
SGR2005-1-48A-W	2-Person Wheelchair Accessible Chest Press (surface mount)	Green/ Tan	1	5,145.00	5,145.00T
SGR2005-1-48E	2-Person Butterfly & Reverse Fly Combo (surface mount)	Green/ Tan	1	5,245.00	5,245.00T
SGR2005-1-71	3-Person Static Combo - Sit-up, Pull-up, Dip Station (surface mount)	Green/ Tan	1	3,745.00	3,745.00T
SGR2005-1-104N	4-Person Leg Press (surface mount)	Green/ Tan	1	5,245.00	5,245.00T
SGR2005-1-105	Announcement Board (surface mount)	Green	1	1,700.00	1,700.00T
	Subtotal				47,750.00
Shipping	Ships in large crates - forklift is needed to unload			3,990.00	3,990.00

Additional Terms and Conditions of Sale

1. THIS QUOTE IS LIMITED TO AND GOVERNED BY THE TERMS CONTAINED HEREIN. Greenfields Outdoor Fitness, Inc. ("Greenfields") objects to any other terms proposed by Customer, in writing or otherwise, as material alterations, and all such proposed terms shall be void. Customer authorizes Greenfields to ship the Equipment and agrees to pay Greenfields the total amount specified. Shipping terms are FOB the place of shipment via common carrier designated by Greenfields. Payment terms are specified on Quote and all charges are due and payable in full to Greenfields Outdoor Fitness Inc, 2617 West Woodland Drive, Anaheim, CA 92801 unless notified otherwise by Greenfields in writing. Customer agrees to pay all additional service charges for past due invoices. Customer must provide proper tax exemption certificates to Greenfields, and shall promptly pay and discharge all otherwise applicable taxes, license fees, levies and other impositions on the Equipment at customers own expense. Purchase orders and payments should be made to the order of Greenfields Outdoor Fitness, Inc.

2. Use & Maintenance. Customer agrees to regularly inspect and maintain the Equipment as recommended by Greenfields.

3. Default, Remedies & Delinquency Charges. Customer's failure to pay any invoice when due, or its failure to otherwise comply with the terms of this Quote, shall constitute a default under all unsatisfied invoices ("Event of Default"). Upon an Event of Default, Greenfields shall have all remedies available to it at law or equity, including, without limitation, all remedies afforded a secured creditor under the uniform Commercial Code.

Customer agrees to assist and cooperate with Greenfields to accomplish its filing and enforcement of mechanic's or other liens with respect to the Equipment or its location or its repossession of the Equipment, and Customer expressly waives all rights to possess the Equipment after an Event of Default. All remedies are cumulative and not alternative, and no exercise by Greenfields of a remedy will prohibit or waive the exercise of any other remedy. Customer shall pay all reasonable attorneys' fees plus any costs of collection incurred by Greenfields in enforcing its rights hereunder. Subject to any limitations under law, Customer shall pay to Greenfields as liquidated damages, and not as a penalty, an amount equal to 1.5% per month of any payment that is delinquent in such month and is not received by Greenfields within ten (10) days after the date on which due.

CUSTOMER APPROVAL I hereby approve this order, the item selection, color selection and overall Terms & Conditions of this order. Name: _____ Date: _____ Signature: _____ PLEASE SIGN & Email to: Sales@GreenfieldsFitness.com	Subtotal
	Sales Tax (0.0%)
	Total



2617 West Woodland Drive, Anaheim, CA 92801 USA
T: 888.315.9037 F: 866.308.9719 Info@Greenfieldsfitness.com

Customer Quotation

Date	Quote #
12/6/2018	Q011710

Sold To	Ship To
<p>Village of Willowbrook John Fenske 835 Midway Drive Willowbrook, IL 60527</p> <p>Tel: 630-323-8215 Fax: E-mail: jfenske@willowbrook.il.us</p>	

Project Name	Terms	Quote Valid Until	Rep
	Due on receipt	12/31/2018	SM

Item	Description	Color	Qt	Rate	Total
	All units are Surface Mount installation method				

Additional Terms and Conditions of Sale

1. THIS QUOTE IS LIMITED TO AND GOVERNED BY THE TERMS CONTAINED HEREIN. Greenfields Outdoor Fitness, Inc. ("Greenfields") objects to any other terms proposed by Customer, in writing or otherwise, as material alterations, and all such proposed terms shall be void. Customer authorizes Greenfields to ship the Equipment and agrees to pay Greenfields the total amount specified. Shipping terms are FOB the place of shipment via common carrier designated by Greenfields. Payment terms are specified on Quote and all charges are due and payable in full to Greenfields Outdoor Fitness Inc, 2617 West Woodland Drive, Anaheim, CA 92801 unless notified otherwise by Greenfields in writing. Customer agrees to pay all additional service charges for past due invoices. Customer must provide proper tax exemption certificates to Greenfields, and shall promptly pay and discharge all otherwise applicable taxes, license fees, levies and other impositions on the Equipment at customers own expense. Purchase orders and payments should be made to the order of Greenfields Outdoor Fitness, Inc.

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CUSTOMER APPROVAL

I hereby approve this order, the item selection, color selection and overall Terms & Conditions of this order.

Name: _____ Date: _____

Signature: _____
PLEASE SIGN & Email to: Sales@GreenfieldsFitness.com

<p>CUSTOMER APPROVAL I hereby approve this order, the item selection, color selection and overall Terms & Conditions of this order.</p> <p>Name: _____ Date: _____</p> <p>Signature: _____ PLEASE SIGN & Email to: Sales@GreenfieldsFitness.com</p>	Subtotal	\$51,740.00
	Sales Tax (0.0%)	\$0.00
	Total	\$51,740.00

2017-18 MEDIUM SAMPLE PACKAGE 1

10 UNITS | 27 USERS



Greenfields Outdoor Fitness | www.greenfieldsfitness.com | 888-315-9037

2017-18 MEDIUM SAMPLE PACKAGE 1

10 UNITS 27 USERS

UNITS	PACKAGE SPECIES
Units	10
Users	27
Required Dimensions	65' x 30'

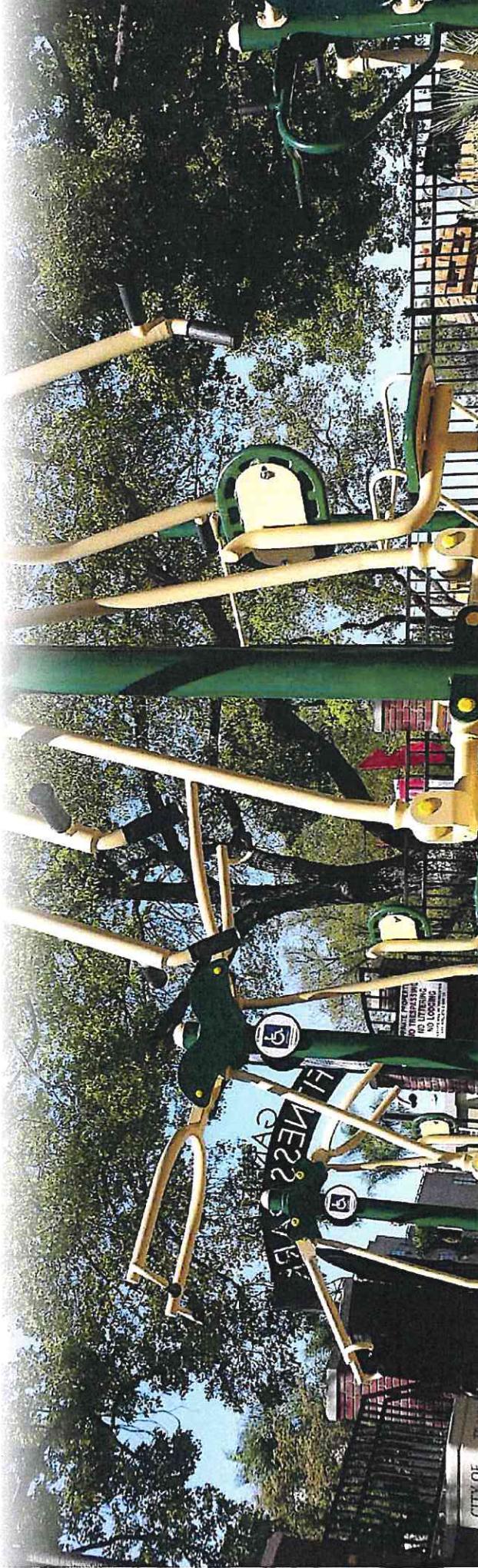
A go-to midsize package with plenty of variety



ACCESSIBLE

One of Greenfields' most popular packages, the 10-unit Medium Sample Package 1 is a well-rounded selection of units offering exercises to a vast variety of users.

- Announcement sign customization - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities





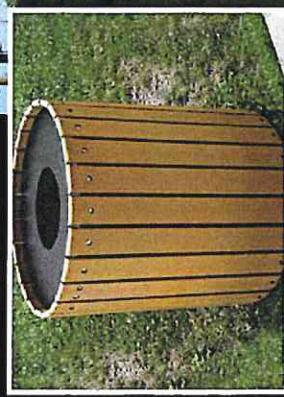
Promoting Wellness & Playing Outside One Community at a Time™

ENHANCE YOUR PACKAGE!

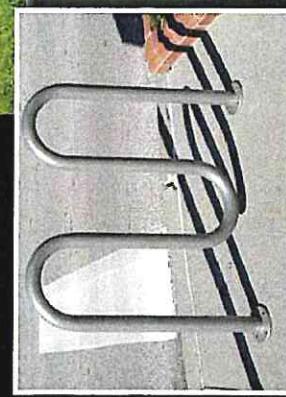
Greenfields offers these products and more for the best user experience



Benches



Trash receptacles

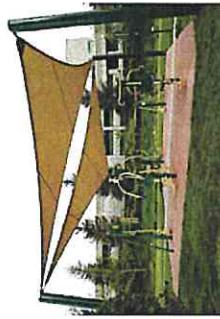


Bike racks

What's underneath?
Lighting allows for after-dark
workouts - perfect for parents
attending evening games!



Multi-level shade



Shade sails

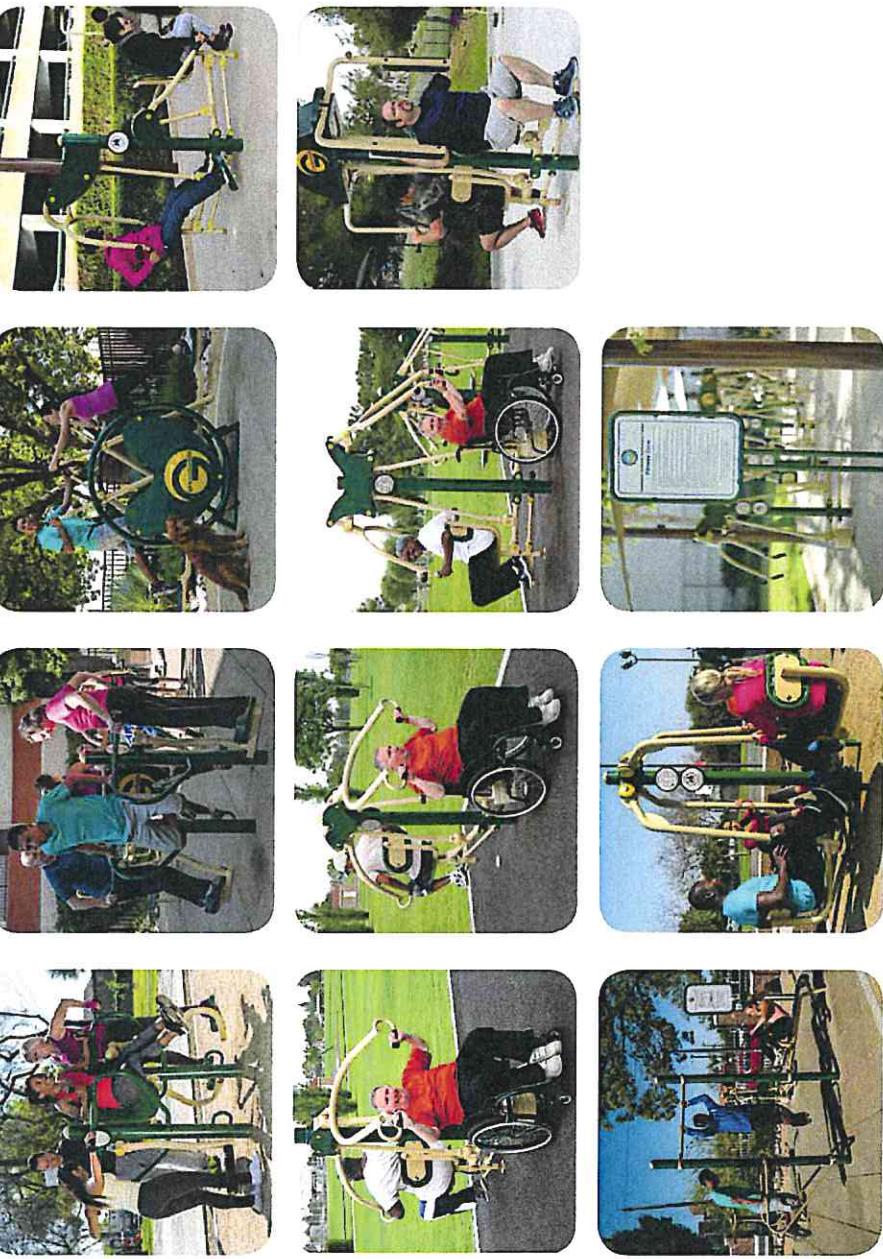


Shade canopy

SHADE OPTIONS
Designed to fit your project's
unique needs

2017-18 MEDIUM SAMPLE PACKAGE 1

10 UNITS | 27 USERS



UNIT LIST

- SGR2005-1-21
- SGR2005-1-22
- SGR2005-1-26
- SGR2005-1-42
- SGR2005-1-47-W
- SGR2005-1-48-W
- SGR2005-1-48A-W
- SGR2005-1-48E
- SGR2005-1-71
- SGR2005-1-104N
- SGR2005-1-105

These 10 units may serve up to 27 people at a time.

Please be advised that the use of DG (Decomposed Granite) increases the normal wear & tear of all footrests and other platforms used by the users.

Greenfields' preferred method of installation is surface mount.
In-ground direct bury option is available upon request.

Greenfields Outdoor Fitness | www.greenfieldfitness.com | 888-315-9037

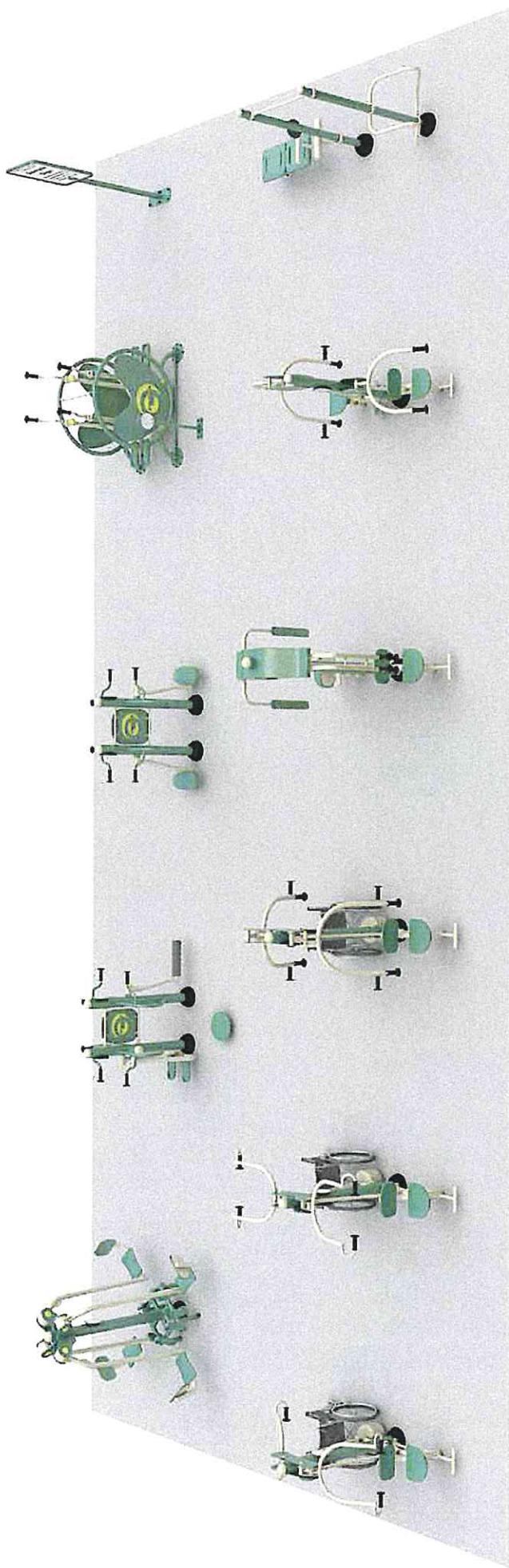


Greenfields
Outdoor Fitness
Promoting Wellness & Playing Quality Out Community at The Park

2017-18 MEDIUM SAMPLE PACKAGE 1

A go-to midsize package with plenty of variety

10 UNITS | 27 USERS



Greenfields' preferred method of installation is surface mount.
In-ground direct bury option is available upon request.

Greenfields Outdoor Fitness | www.greenfieldfitness.com | 888-315-9037

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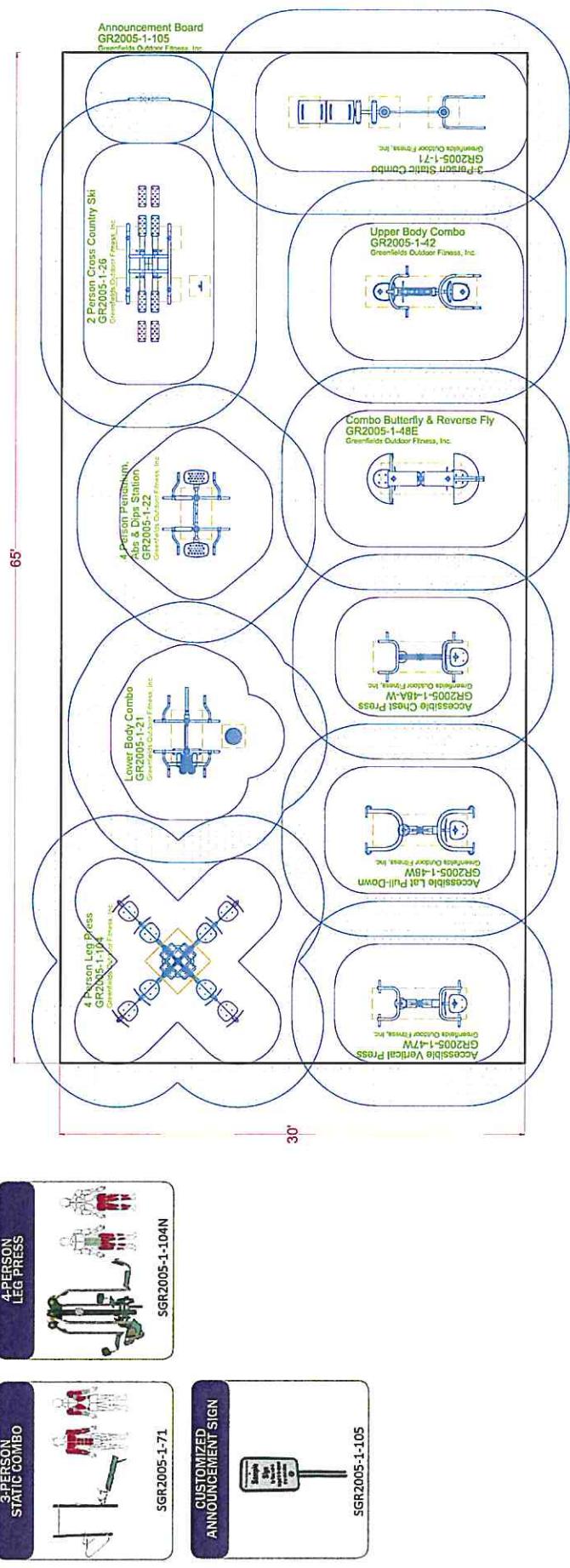
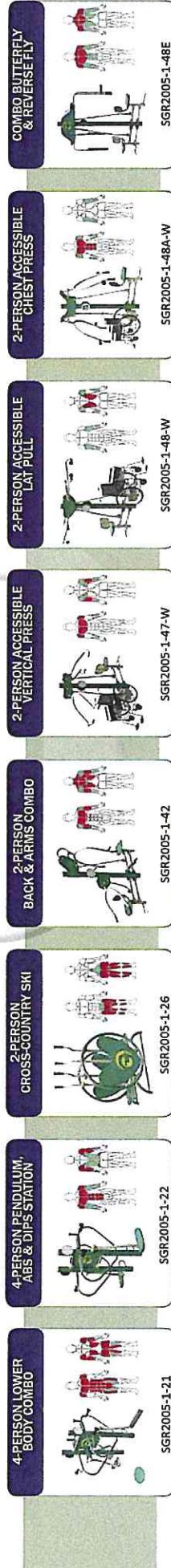


Producing Structures & Playthings Quality Outdoors since 1975

2017-18 MEDIUM SAMPLE PACKAGE 1

A go-to midsize package with plenty of variety

10 UNITS | 27 USERS



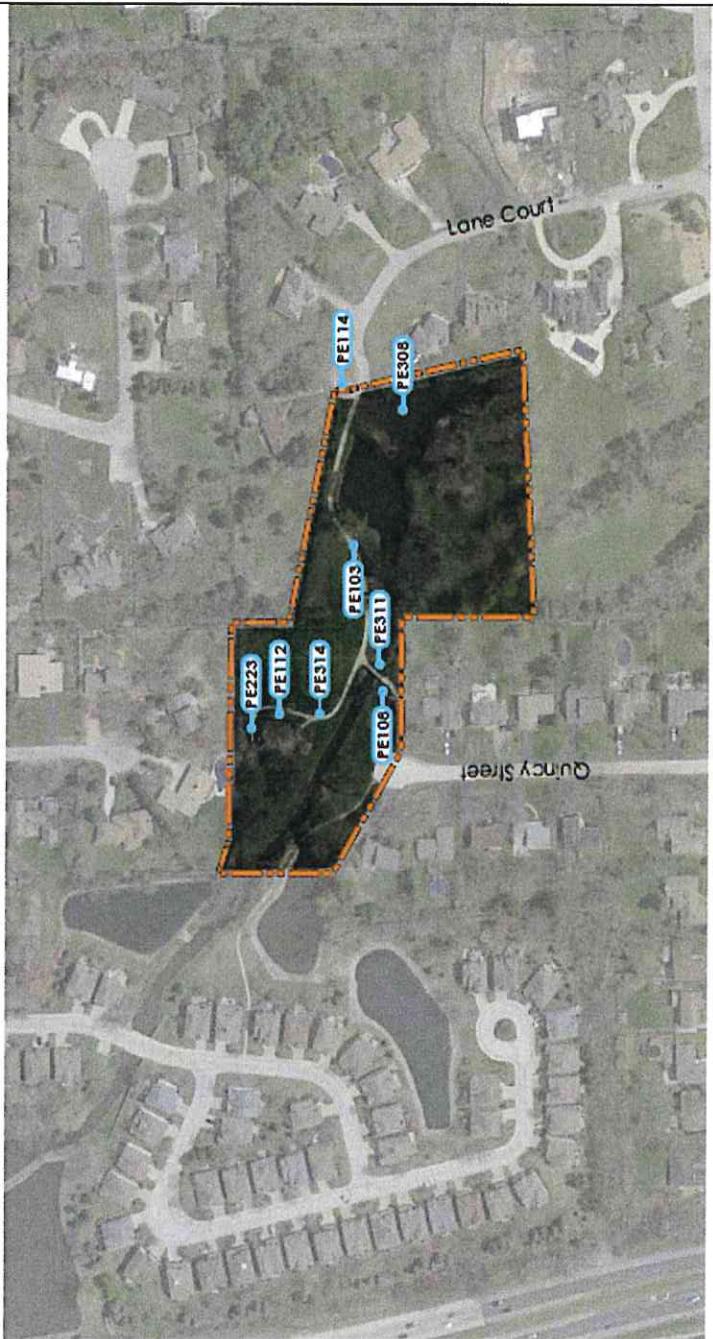
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In-ground direct bury option is available upon request.

Greenfields Outdoor Fitness | www.greenfieldsfitness.com | 888-315-9037

**VILLAGE OF
WILLOWBROOK**

**FY 2018-2019
BOARD BUDGET
WORKSHOP
MARCH 19, 2018
5:30 PM**

RIDGEMOOR PARK RENOVATION



Ridgemoor Park
North Scale: NTS



Design Perspective 3
through 2016
DP

Park Boundary
Park Feature

RIDGEMOOR PARK RENOVATION



Bringing in Designers

Prepared 5/23/17



Ridgemoor Park					
Park Name	Ridgemoor Park				
Park Classification	Neighborhood				
Park Size	5.4				
General Park Elements (100)	Type	Condition	Quantity	TCG Score	Score Notes
PE103 Bench	B	G	6	1.1	
PE108 Drinking Fountain	B	G	1	0.8	
PE112 Litter Can	B	G	1	0.4	
PE114 Park Sign	S	G	2	3.0	
Total General TCG Score				5.3	FAIR
Active Park Elements (200)					
PE203 Playground	S	F	1	2.0	110 ECGE
Total Active TCG Score				2.0	POOR
Passive Park Elements (300)					
PE308 Open Water	S	G	2	4.0	
PE311 Pedestrian Bridge	A	G	1	4.5	
Total Passive TCG Score				10.5	GOOD
Total TCG Score				17.8	FAIR



RIDGEMOOR PARK RENOVATION

- New Playground Equipment, Concrete Plaza & Walks, Playground Surface, Benches, Picnic Table, Site Restoration
 - Design Services: \$17,900
 - Construction: \$150,000
 - Civil Engineering (Topo. Survey): est. \$3,500

TOTAL COST: \$171,400

PARKS & RECREATION COMMISSION MEETING

AGENDA ITEM SUMMARY SHEET

AGENDA ITEM DESCRIPTION	COMMISSION REVIEW
Visitor's Business – "Trees Please"	<input type="checkbox"/> Report <input checked="" type="checkbox"/> Discussion <input checked="" type="checkbox"/> Seeking Feedback <u>Meeting Date:</u> January 8 2019

BACKGROUND

On December 13, 2018, I was contacted through email by Gurmeeta Kaur about starting a program to plant more trees in Village parks similar to what is being done in Burr Ridge.

REQUEST FOR FEEDBACK

Attached find the information from the Burr Ridge Park Foundation website about their program.

STAFF RECOMMENDATION

The Burr Ridge Park Foundation is not part of the Burr Ridge Park District. They are an independent, non-profit organization that secures and distributes funding to provide for the enhancement of the environmental, educational and recreational programs and facilities of the Burr Ridge Park District. They were formed in 2008.

ABOUT BURR RIDGE COMMUNITY PARK FOUNDATION

Founded in 2008 by a group of individuals dedicated to making our parks and programs the best they can be, the foundation supports the park district by combining monetary donations with time and energy in order to nurture community spirit, protect and preserve open space and promote the health and welfare of residents.

The Foundation works closely with the Burr Ridge Park District to raise funds in support of projects that promote the parks and services of Burr Ridge Park District.

PURPOSE

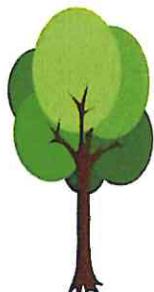
- Provide financial assistance for participation in park programs
- Support health and wellness of all age groups
- Promote environmental conservation initiatives
- Support preservation of open space
- Conduct fundraising campaigns to support projects and goals

Burr Ridge Community Park Foundation is a 501 (c) 3 organization.

For information, please [call \(630\) 920-1969](#) with questions.

CURRENT GOALS

Trees Please



shutterstock.com - 266881229

Recent research has shown that the tree population in our area is in trouble.

The Burr Ridge Community Park Foundation is working to identify locations in our parks where we can replace, rebuild, and renew our tree population.

The USDA Forest Service's Urban Trees and Forest of the Chicago Region describes the regional forest as in a "state of transition". The Chicago Region Tree Initiative lists the following issues to support this statement.

- Significant presence of the buckthorn and other invasive species have blocked out light and space for other three varieties
- Considerable loss of the ash due to the emerald ash borer
- Reduced funding available for tree maintenance and replacement
- Lack of regeneration of native oaks in naturalized woodlands
- Increased land development

The oak tree population, including our Village's namesake the Bur Oak, is in jeopardy. The decline of the oak tree is serious as noted by Valerie Blaine, nature programs manager for the Forest Preserve District of Kane County, she says, "If nothing is done, we will not have the next generation of oaks, those big oaks that the pioneers saw are not being replaced. Oaks made up 60 percent of the tree canopy in the Chicago area. Today, only 5 percent of the region's trees are oaks. There are 19 species of oaks in Illinois and, without exception, they are in trouble". "When oaks disappear, it produces a tragic domino effect - as the oaks go, so do the birds, animals and plants that need oaks to survive," said Lydia Scott, director of the Chicago Region Trees Initiative.

The Burr Ridge Community Park Foundation is ready to help reverse this trend, starting in our parks! Please remember Trees Please when considering your donation.